

ENVIRONMENTAL SUPPORTS FOR PHYSICAL ACTIVITY QUESTIONNAIRE

(SOCIAL AND PHYSICAL ENVIRONMENT SURVEY)

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Section 3: Social and Physical Environments

“I will be asking you some questions about the neighborhood in which you live, followed by some questions about the community in which you live.”

“First, some questions about the neighborhood in which you live. For the purpose of this interview, neighborhood is defined as the area within one-half mile or a ten-minute walk from your home.

3.1 How long have you lived at your current address?

Number of months (twelve months or less)	___	___
Number of years (one year or more).....	___	___
Don't know/ not sure	77	
Refused	99	

<Note to interviewer: Less than one year is entered as months and more than twelve months is entered as whole years only. E.g. 5 years, not 5 years and 4 months.>

3.2 In general, would you say that the people in your neighborhood are....

a. Very physically active.....	1
b. Somewhat physically active.....	2
c. Not very physically active	3
d. Not at all physically active.....	4
Don't know/ not sure	7
Refused	9

3.3 Overall, how would you rate your neighborhood as a place to walk? Would you say...

a. Very pleasant	1
b. Somewhat pleasant.....	2
c. Not very pleasant	3
d. Not at all pleasant.....	4
Don't know/ not sure	7
Refused	9

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3.4 In general, would you say the motorized traffic in your neighborhood is...

- a. Heavy,1
- b. Moderate, OR.....2
- c. Light?3
- Don't know/not sure7
- Refused9

3.5 Does your neighborhood have any sidewalks?

- a. Yes1
- b. No (*Skip to question 3.7*).....2
- Don't know/not sure7
- Refused.....9

3.6 For walking in your neighborhood, would you say your sidewalks are...

- a. Very well maintained.....1
- b. Somewhat maintained.....2
- c. Not very well maintained.....3
- d. Not at all maintained.....4
- Don't know/ not sure7
- Refused9

3.7 For walking at night, would you describe the STREET lighting in your neighborhood as...

- a. Very good.....1
- b. Good.....2
- c. Fair3
- d. Poor4
- e. Very poor5
- Don't know/ not sure7
- Refused9

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3.8 For walking in your neighborhood, would you say that unattended dogs are....

- a. A big problem1
- b. Somewhat of a problem2
- c. Not very much of a problem3
- d. Not a problem at all.....4
- Don't know/ not sure7
- Refused9

3.9 How safe from crime do you consider your neighborhood to be?

Would you say...

- a. Extremely safe1
- b. Quite safe2
- c. Slightly safe3
- d. Not at all safe4
- Don't know/not sure7
- Refused9

3.10 Generally speaking, would you say most people in your neighborhood can be trusted?

- a. Yes1
- b. No.....2
- Don't know/not sure7
- Refused.....9

3.11 Does your neighborhood have public recreation facilities (such as public swimming pools, parks, walking trails, bike paths, recreation centers, etc.)?

- a. Yes1
- b. No (*Skip to question 3.13*).....2
- Don't know/not sure7
- Refused.....9

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3.12 In general, how would you rate the condition of these public recreation facilities? Would you say...

- a. Excellent1
- b. Good.....2
- c. Fair3
- d. Poor4
- Don't Know/Not Sure7
- Refused9

3.13 Thinking about how public money is spent on recreation facilities, which of the following statements is most accurate...

- a. My neighborhood almost always gets its fair share.....1
- b. My neighborhood often gets its fair share2
- c. My neighborhood seldom gets its fair share3
- d. My neighborhood never gets its fair share.....4
- Don't Know/Not Sure7
- Refused9

3.14 For physical activity, do you use ANY private or membership only recreation facilities?

(... including those outside of your neighborhood)

- a. Yes1
- b. No.....2
- Don't know/not sure7
- Refused.....9

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“For the next several questions, think about the community in which you live. For the purposes of this interview, community is defined as the area within ten miles or a twenty-minute drive from your home.

“Please tell me if you yourself USE any of the following resources and facilities in your community. If the type resource or facility I mention is not available in your community, please let me know.”

<Note to interviewer: Emphasize you/yourself. The question is asking about personal use, not their family or community’s use.>

3.15 Walking trails?

- a. Yes – R USES WALKING TRAILS IN COMMUNITY1
- b. No – R DOES NOT USE WALKING TRAILS IN COMMUNITY2
- c. My community does not have any walking trails3
- Don’t know/ not sure7
- Refused9

PROBE: BY WALKING TRAILS WE MEAN PUBLIC TRAILS THAT ARE DESIGNATED FOR WALKING.

3.16 Public swimming pools?

- a. Yes - R USES POOLS IN COMMUNITY.....1
- b. No- R DOES NOT USE POOLS IN COMMUNITY2
- c. My community does not have any public swimming pools3
- Don’t know/ not sure7
- Refused9

3.17 Public Recreation Centers?

- a. Yes - R USES PUBLIC RECREATION CENTERS IN COMMUNITY1
- b. No- R DOES NOT USE PUBLIC RECREATION CENTERS IN COMMUNITY2
- c. My community does not have any public recreation centers.....3
- Don’t know/ not sure7
- Refused9

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3.18 Bicycle paths or bike trails?

- a. Yes - R USES BIKE TRAILS IN COMMUNITY1
- b. No- R DOES NOT USE BIKE TRAILS IN COMMUNITY2
- c. My community does not have any bike paths or bike trails3
- Don't know/ not sure7
- Refused9

3.19 Parks/playgrounds/sports fields?

- a. Yes - R USES PARKS IN COMMUNITY1
- b. No - R DOES NOT USE PARKS IN COMMUNITY2
- c. My community does not have any parks/playgrounds/sports fields3
- Don't know/ not sure7
- Refused9

3.20 Schools that are open for public recreation activities?

- a. Yes- R USES SCHOOLS FOR REC IN COMMUNITY1
- b. No - R DOES NOT USE SCHOOLS FOR REC IN COMMUNITY2
- c. Schools in my community are not open for the public to use.....3
- Don't know/ not sure7
- Refused9

3.21 Do you use a shopping mall for physical activity/walking programs?

- a. Yes- R USES MALLS FOR PA IN COMMUNITY1
- b. No- R DOES NOT USE MALLS FOR PA IN COMMUNITY2
- c. My community does not have a shopping mall3
- Don't know/ not sure7
- Refused9

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- 3.22 Do you use physical activity programs and facilities at a place of worship?
- a. Yes- R USES FACILITIES AT PLACE OF WORSHIP IN COMMUNITY1
 - b. No- R DOES NOT USE FACILITIES AT PLACE OF WORSHIP IN COMMUNITY2
 - c. My community does not have any places of worship with physical activity programs3
 - Don't know/ not sure7
 - Refused9
- 3.23 Do you use nearby waterways such as creeks, rivers, and lakes for water-related physical activities such as canoeing, kayaking, swimming, or skiing? (DO NOT INCLUDE NON-PHYSICAL ACTIVITIES SUCH AS BOATING)
- a. Yes- R USES WATERWAYS FOR PA IN COMMUNITY1
 - b. No- R DOES NOT USE WATERWAYS PA IN COMMUNITY2
 - c. My community does not have any waterways to use for physical activity3
 - Don't know/ not sure7
 - Refused9

"The next questions concern your opinion about physical activity facilities in your community."

- 3.24 For your own physical activity, how important are recreational/ physical activity clubs, programs, or organized recreational events in your community...
- a. Very important1
 - b. Somewhat important2
 - c. Not very important3
 - d. Not at all important4
 - e. My community does not have any physical activity clubs or programs5
 - Don't know/ not sure7
 - Refused9

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3.25 In your community, would you say that all people have equal access to public recreation facilities?

- a. Yes1
- b. No.....2
- c. My community does not have any public recreation facilities, *(Skip to question 4.1)*3
- Don't Know/Not Sure7
- Refused9

3.26 How safe are the public recreation facilities in your community? Would you say...

- a. Very safe1
- b. Somewhat safe2
- c. Somewhat unsafe3
- d. Not at all safe4
- Don't Know/Not Sure7
- Refused9

3.27 Do concerns about safety at the public recreation facilities in your community influence your using them?

- a. Yes.....1
- b. No.....2
- c. My community does not have any public recreation facilities3
- Don't Know/Not Sure7
- Refused9